Braided Tug Toy

Supplies Needed:
T-shirt, leggings, fleece
pajama pants
Scissors

Instructions and Tips

Step 1:
Lay out fabric you will be using for your project. (We are using a long-sleeved t-shirt)

Tips: If you are not using a long-sleeved shirt, skip to Step 6 or 7

Step 2:
At the seam, cut off each sleeve.

Step 3:
Cut along the seam of the sleeve to open it up.
*Note the dotted lines.
(if using a short sleeve t-shirt, skip this step)

Step 4:
Take the body of the shirt and cut up the middle of the front side.
*Note the pink dotted line.

Open up the shirt to see the back side and the 2 halves of the front side.

Cut along the side seams and up the middle on the back side. *Note the pink dotted lines

Step 5:
You should have 6 panels –
2 sleeve panels (A),
2 front panels (B),
2 back panels (C).

Separate into 2 groups – 1 of each panel.

Step 6:
Roll each panel, giving you 3 strips.

Step 7:
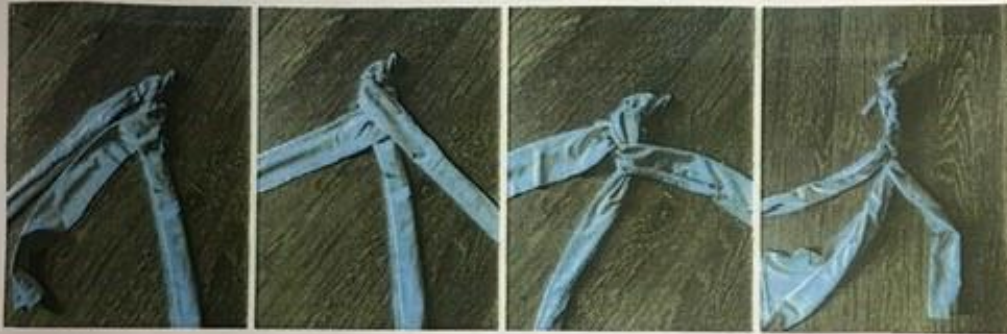Tie the 3 strips together making a knot at the top.

Step 8:
Once the 3 strips are tied, you will use the braiding technique to make your toy.

Take the right strip and place it over the middle strip so it is now in the middle.

Now take the left strip and place it over the middle strip so it is in the middle.

Keep placing the right strip in the middle then the left strip in the middle.

Tips: You will want to make your braid tight to add strength to your toy. Have someone hold the knot or place it between your knees while you braid. Pull on the material to the right or the left to make it tight.

Step 9:
At the end of your braid, tie a knot using all 3 strips to finish your toy.

1 long-sleeve t-shirt will give you 2 tug toys.

If you are using leggings:

Cut off waistband.

Lay leggings out and cut up center towards waist going between the legs and cutting leggings in half.

Cut along 1 seam of each leg opening it up and creating a panel.

Lay out panel and cut in half again to make 2 panels.

Do the same for the other leg to create a total of 4 panels.

Use 3 panels to create tug toy starting at Step 6 using the provided directions.