

Folded Book Art: Making a Heart

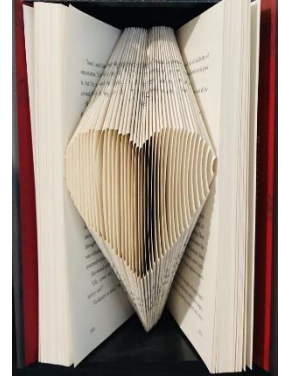
Directions

Hello and thank you for registering for this program.

Please gather the following materials and download or print the directions so that you'll be able to create your own folded heart book after watching the program. The directions provided will tell you exactly how to make this craft while the program provides helpful visuals and tips. Hardcover books are preferable for this activity as they stand up better than paperbacks. Please refer to the materials list for guidelines on the size of the book and number of pages.

I look forward to teaching you all about this fun craft!

-Amy Hughes



Materials:

- An old book (preferably hardcover).
- The book itself should measure around 8 inches from the bottom to the top of the cover.
- The heart pattern requires 40 pages, so you will need a book that contains 140 pages MINIMUM. The middle 40 pages of your book will be for the heart pattern, and the rest will be split evenly between the front and back of the book to surround the heart.
- A ruler that measures in CENTIMETERS for measuring the pages.
- A pencil for marking the pages.
- Four paper clips for holding specific pages.

Directions:

1. Take your book and split it in half evenly. This can be done by taking the full amount of numbered pages and dividing by two. (Example: $384 \div 2 = 192$)
2. Open to the middle of your book and place a paper clip on both middle pages. This will become the center of your heart design. (Ex: 192 and 193)
3. Now subtract 40 pages from your left middle page and paper clip this page. This will be the start of your heart design. (Ex: $192 - 40 = 152$)
4. Go back to the middle paper-clipped pages. Add 40 pages to your right middle page and paper clip this page. This will be the end of your heart design. (Ex: $193 + 40 = 233$)

5. Lay your book flat on a hard surface to begin measuring and folding your pages.
6. Starting with your FIRST paper-clipped page, you will use the ruler and pencil to mark each page according to the following measurements.
7. Lay your ruler against the first paper clipped page, making sure that the centimeter marks on your ruler face the edge of the page. Line up the top of your ruler with the top of the page. Measure to 7.7 centimeters and make a small mark pencil on the page. Then on the same page measure to 8.9 centimeters and make another pencil mark.
8. Flip to the next page (page two of your design) and repeat the process by marking the page at 7.1 cm and 9.6 cm
9. Continue this process until all 40 pages of your design have been measured and marked.
 - Page Three mark at 6.8 cm and 10.1 cm
 - Page Four mark at 6.6 cm and 10.5 cm
 - Page Five mark at 6.4 cm and 10.9 cm
 - Page Six mark at 6.3 cm and 11.2 cm
 - Page Seven mark at 6.2 cm and 11.6 cm
 - Page Eight mark at 6.1 cm and 11.8 cm
 - Page Nine mark at 6.0 cm and 12.1 cm
 - Page Ten mark at 6.0 cm and 12.4 cm
 - Page Eleven mark at 6.0 cm and 12.6 cm
 - Page Twelve mark at 6.0 cm and 12.8 cm
 - Page Thirteen mark at 6.0 cm and 13.1 cm
 - Page Fourteen mark at 6.1 cm and 13.3 cm
 - Page Fifteen mark at 6.1 cm and 13.5 cm
 - Page Sixteen mark at 6.3 cm and 13.7 cm
 - Page Seventeen mark at 6.4 cm and 14.0 cm
 - Page Eighteen 6.6 cm and 14.2 cm
 - Page Nineteen 6.8 cm and 14.4 cm
 - Page Twenty 7.1 cm and 14.6 cm
 - Page Twenty one 7.1 cm and 14.6 cm
 - Page Twenty two 6.8 cm and 14.4 cm
 - Page Twenty three 6.6 cm and 14.2 cm
 - Page Twenty four 6.4 cm and 14.0 cm
 - Page Twenty five 6.2 cm and 13.7 cm
 - Page Twenty six 6.1 cm and 13.5 cm
 - Page Twenty seven 6.1 cm and 13.3 cm
 - Page Twenty eight 6.0 cm and 13.1 cm
 - Page Twenty nine 6.0 cm and 12.8 cm

- Page Thirty 6.0 cm and 12.6 cm
- Page Thirty one 6.0 cm and 12.4 cm
- Page Thirty two 6.0 cm and 12.1 cm
- Page Thirty three 6.1 cm and 11.8 cm
- Page Thirty four 6.2 cm and 11.6 cm
- Page Thirty five 6.3 cm and 11.2 cm
- Page Thirty six 6.4 cm and 10.9 cm
- Page Thirty seven 6.6 cm and 10.5 cm
- Page Thirty eight 6.8 cm and 10.1 cm
- Page Thirty nine 7.2 cm and 9.6 cm
- Page Forty 7.7 cm and 8.9 cm

10. Return to the first marked page and fold the top and bottom corner of each page in to the pencil marking. Remove paper clips as you go. Try to keep the folds at right angles.
11. Fluff out the folded pages to make the heart shape take up more space in the book.
12. Stand up the finished craft in your desired location!